



ItsAUticaThing.com

IT'S A  
**Utica**  
THING!



### Veggie Riggie? Naturally, "It's A Utica Thing!"

Go meatless with your next Riggie dish! The creative possibilities are endless: broccoli, Brussels sprouts, corn, peas, spinach are all terrific with this healthy sauce. Oh, and Veggie Riggies are a great way for kids to eat their veggies!

Thanks for your support, The Digristina Family



**NO GLUTEN  
NO MSG**

**INGREDIENTS:** CRUSHED TOMATOES, CRUSHED ORGANIC TOMATOES, WATER, ONIONS, CARROTS, GREEN PEPPERS, BUTTER (SALT), KALE, OLIVE OIL, FRESH GARLIC, SALT, SUGAR, SHERRY WINE, BLACK PEPPER, BASIL, ALL NATURAL FLAVORING. **CONTAINS: MILK.**

#### Nutrition Facts

About 6 servings per container  
Serving size 1/2 Cup (113g)

Amount per serving  
**Calories 80**

	% Daily Value*
<b>Total Fat</b> 7g	<b>11%</b>
Saturated Fat 2.5g	<b>12%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 524mg	<b>20%</b>
<b>Total Carbohydrate</b> 5g	<b>2%</b>
Dietary Fiber <1g	<b>4%</b>
Total Sugars 3g	
Incl. 1g Added Sugars	<b>2%</b>
<b>Protein</b> <1g	
Vitamin D 0mcg	0%
Calcium 24mg	2%
Iron 1mg	6%
Potassium 122mg	4%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

STIR WELL BEFORE USING • REFRIGERATE AFTER OPENING

Item	Size/Net Wt	Case Pack	Suggested Retail Price
Veggie Riggie Sauce	24 oz (1lb 8oz) 680g	6	\$6.99



Crafted for:  
**It's A Utica Thing!, Inc.**  
350 Leland Avenue  
Utica, NY 13502  
USA

